

## session 7 study guide

# a tribute to mom

### starter

MOMMY MAD LIBS: Fill in each blank with an appropriate word to describe your mom.

1. Two words that I would use to describe my mom are \_\_\_\_\_ and \_\_\_\_\_.
2. My mom is the best at \_\_\_\_\_.
3. My mom drives me crazy when she \_\_\_\_\_.
4. My mom thinks she can \_\_\_\_\_, but she really can't.
5. \_\_\_\_\_ always makes my mom smile.
6. One thing my mother has taught me is \_\_\_\_\_.
7. One trait or characteristic of my mom's that I hope I have is \_\_\_\_\_.

### message

Mom, ma, mama, mother. It doesn't matter if she's your step-mom, adopted mom or birth mom. Whatever your name for her, whatever her official title, moms are important people in our lives. Some are bed-changers and breakfast-makers. Others are chauffeurs and game-watchers. Some work multiple jobs to keep shoes on feet and food on the table. Most moms do a lot of all these tasks.

There is perhaps no better description in the Bible of an admired wife and mother than Proverbs 31:10-31. As you read this passage, consider the following questions: (1) What kind of gifts and skills does this mother have? (2) In what ways is this woman like or unlike your mom?

- 10 A wife of noble character who can find?  
She is worth far more than rubies.*
- 11 Her husband has full confidence in her  
and lacks nothing of value.*
- 12 She brings him good, not harm,  
all the days of her life.*
- 13 She selects wool and flax  
and works with eager hands.*
- 14 She is like the merchant ships,  
bringing her food from afar.*
- 15 She gets up while it is still dark;  
she provides food for her family  
and portions for her servant girls.*
- 16 She considers a field and buys it;  
out of her earnings she plants a vineyard.*
- 17 She sets about her work vigorously;  
her arms are strong for her tasks.*
- 18 She sees that her trading is profitable,  
and her lamp does not go out at night.*
- 19 In her hand she holds the distaff  
and grasps the spindle with her fingers.*
- 20 She opens her arms to the poor  
and extends her hands to the needy.*
- 21 When it snows, she has no fear for her household;  
for all of them are clothed in scarlet.*
- 22 She makes coverings for her bed;  
she is clothed in fine linen and purple.*
- 23 Her husband is respected at the city gate,  
where he takes his seat among the elders of the land.*
- 24 She makes linen garments and sells them,  
and supplies the merchants with sashes.*
- 25 She is clothed with strength and dignity;  
she can laugh at the days to come.*
- 26 She speaks with wisdom,  
and faithful instruction is on her tongue.*
- 27 She watches over the affairs of her household  
and does not eat the bread of idleness.*
- 28 Her children arise and call her blessed;  
her husband also, and he praises her:*
- 29 "Many women do noble things,  
but you surpass them all."*

<sup>30</sup> *Charm is deceptive, and beauty is fleeting;  
but a woman who fears the LORD is to be praised.*

<sup>31</sup> *Give her the reward she has earned,  
and let her works bring her praise at the city gate.*

### dig

1. Does any mom have all these qualities? (What does the first verse of this passage say about this?)

---



---



---



---



---

2. Look back at Proverbs 31:10-31. For each verse, write one or two traits, qualities or characteristics that the verse describes.

v. 10	precious, rare	v. 11	trustworthy
v. 12		v. 13	
v. 14		v. 15	
v. 16		v. 17	
v. 18		v. 19	
v. 20		v. 21	
v. 22		v. 23	
v. 24		v. 25	
v. 26		v. 27	
v. 28		v. 29	
v. 30		v. 31	

3. Which verse or verses remind you of your mom? Why?

---

---

---

---

---

---

4. What kinds of tasks does the mother in these verses do for others?

---

---

---

---

---

---

5. What tasks does the mother do for herself?

---

---

---

---

---

6. What are the rewards that this woman reaps?

---

---

---

---

---

**apply**

1. When you think of the word “mom,” what’s the first thing that pops into your head?  
Why did you choose that word?

---

---

---

---

---

2. How would you describe your mom to a friend who’s never met her?

---

---

---

---

---

3. What's your favorite thing about your mom?

---

---

---

---

---

4. What's one thing your mom can't stand?

---

---

---

---

---

5. Being a mom is not easy. Circle all the things in the list below that your mom has done for you in the last month.

made me breakfast

made me lunch

made me dinner

shopped for food

shopped for something I needed

let me borrow something

listened to me talk about my day

did the laundry

ironed clothes

helped with homework

cleaned the house

did gardening/yard work

lent me money

listened to my music

drove me to school

drove me to an activity

drove me to see a friend

drove me on an errand

washed the car

watched my sport/activity

6. Now think about some of the ways that your mom would react if confronted with a specific situation. What would your mom do if . . . <sup>1</sup>

She won the lottery?

---

---

---

---

---

---

You made your bed and took out the trash without being asked?

---

---

---

---

---

You flunked math?

---

---

---

---

---

She caught you smoking a cigarette?

---

---

---

---

---

You came home drunk?

---

---

---

---

---

---

---

You wrecked the car?

---

---

---

---

---

---



You were sick with a high fever?

---

---

---

---

---

**reflect**

1. The majority of teenagers say they feel closer to their moms than their dads. Do you agree or disagree? Why?

---

---

---

---

---

2. What is the most difficult conversation to have with your mom? Why?

---

---

---

---

---

3. What makes a mother's job so difficult?

---

---

---

---

---

4. In what ways is her job rewarding?

---

---

---

---

---

---

5. What is something your mom does that you would like to do for your kids when you are a parent?

---

---

---

---

---

---

6. What is something your mom does that you would want to do differently when you are a parent?

---

---

---

---

---

7. What is the best memory you have of your mom? Why?

---

---

---

---

---

---

---

8. How are you like your mom? How are you different?

---

---

---

---

---

---

---

9. How do you show your mom that you appreciate her?

---

---

---

---

---

---

10. What can you do this week to show your appreciation for your mom?

---

---

---

---

---

---

---

11. List five reasons why you are thankful for your mom. Then be sure to share these with her.

1. 

---
2. 

---
3. 

---
4. 

---
5. 

---

**meditation**



As a mother comforts her child,  
so will I comfort you.

ISAIAH 66:13

**Note**

1. Adapted from Karen Dockrey and John Hall, *Holiday Specials and Boredom Busters* (Elgin, IL: David C. Cook, 1990), p. 43.