



SESSION 7: EMPOWERED BY THE HOLY SPIRIT

1—GIVE AN ANSWER

Visit John 14:26.

Greg was sipping on a soda in the mall when Fred—the most popular guy in school—walked up and said hi. Greg was shocked, since he and Fred hadn’t talked since third grade. Fred asked Greg if he had seen a certain movie on TV last Wednesday night. Greg answered that he hadn’t seen it and then explained that Wednesday is the night he goes to church for youth group. Fred was curious and started firing questions to Greg about God, and Greg was surprised that he was able to answer them. As they said goodbye, Greg asked Fred if he would like to come with him to church that Wednesday and Fred said yes.

God is way too big for us to remember everything about Him, but He has given us the Holy Spirit to help us learn and store away a bunch of what the Bible says. Right here, right now, thank God for sending the Holy Spirit and ask Him to make your mind like a sponge that absorbs as much as the Holy Spirit sends your way.

2—POSSIBLE OR IMPOSSIBLE?

Open up the Word and check out Mark 6:45-56.

Mark each statement with either *P* for “Possible” or *I* for “Impossible,” depending on what you think you could do.

- ___ Bake 100 chocolate chip cookies.
- ___ Win the gold medal on the vert ramp in the X Games.
- ___ Get straight As for an entire year.
- ___ Bench-press 300 pounds.
- ___ Invite the most popular kid at school to church.

Guess what? Even the things that we think are impossible for us to do are possible for God to do! And that includes seeing anyone and everyone on your campus come to know Him as Savior. And get this: He might even work through you to reach them.

Who are the impossible people in your life? Ask God to help you make it possible for them to know and love Him.

3—POWER TO MAKE A DIFFERENCE

Use only your pinkie fingers and turn to Ephesians 3:20-21.

Cindy was the captain of the volleyball team. During her eighth-grade season, Cindy set all of the school records. Volleyball took a lot of time, but she was able to remain active in church as well as earn great grades.

Cindy made a commitment at camp last summer to share Christ with her volleyball teammates. Although none of them have become Christians yet, three of them attend church with her regularly.

Do you know anyone like Cindy? Someone who seems able to do everything right? Well, guess what? When we have God in our lives, we are able to do more things for Him than we could ever think possible. God wants to use you to do things that have never been done before. When God uses you for His glory, it's impossible to measure what will happen.

Tell God right now that you want to be used for Him. Ask God to dump His power on you so that you can make a difference.

4—CHANGE AWAITS!

On your marks . . . get set . . . go to 1 Samuel 10:6.

If you could change one thing about the following people, what would it be?

Your math teacher: _____

Your best friend: _____

Your pet (or your brother or sister!): _____

When God gets hold of people, they change. God has the ability to change people who might have done some rotten things and make them new creations. That means we are all new creations made to do great things for God.

But have you ever known someone who calls himself or herself a Christian but has not really been changed? Or maybe that's you. Ask God today to change you into a new creation made for Him. As you go through your day, remember that you are that new creation who is able to do all things for God!