



Choose one of the following four case studies to read with your group, and then discuss the following questions:

1. What are the person's needs?
  2. If you were a close friend, how could you help him or her?
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### **CASE STUDY 1**

Jan's parents separated last week. They had been fighting a lot lately and it seems that they've just given up trying to get along. Jan is feeling like it's her fault that her parents are separated and she's feeling depressed and alone.

### **CASE STUDY 2**

Steve woke up in the hospital. He asked what had happened. The doctor told him that he had been in an accident. A drunk driver hit his car as he was driving home from the football game with his younger sister. The doctor told him that in the accident Steve's right leg was crushed and it had to be amputated. Then the doctor broke the news to him that his sister had been killed in the accident.

### **CASE STUDY 3**

Dave is the class clown. He is always laughing and making jokes. He loves to pull pranks on people—only for fun though; he never wants to hurt anyone. Dave lives with his dad, but he tries not to go home until his dad is asleep because he doesn't want to get caught in one of his drunken rages. He usually hangs out with friends or at the mini-mart until he thinks it's safe to go home.

### **CASE STUDY 4**

Sarah is a straight-A student. She works really hard at making perfect grades. She never seems satisfied with her work and she's always complaining that she probably failed. She feels like her parents think she's a failure because she's not as smart as her older brother. All she wants is for her parents to be happy with her and love her. She's sure that if she just tries hard enough, they will approve of her.