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Tell

SHOW

Have you been thinking right thoughts about this person? Why or why not?

If you haven't been thinking right thoughts, what could you do to change this? What are some positive thoughts you can start thinking about this person?

When was the last time you went out of your way to do something kind for this friend? What did you do?

Tell

Are you quick to criticize this person? If you are, what will you do to change this?

What will you say to this person this week to show you appreciate your friendship?

What are three things you will say to encourage your friend this week?
