



SESSION 10: WHY MARRIAGE IS THE BEST PLACE FOR SEX

1—THINK ON THESE THINGS

What types of things are we supposed to think about again? Refresh your memory by reading Philippians 4:8.

According to this passage, we are supposed to think about . . .

- ☐ Whatever is true, noble and pure
- ☐ Whatever feels true, noble and pure
- ☐ Whatever we would like to be true, noble and pure
- ☐ None of the above

The problem we have today is that often we are surrounded by things that are not *true, noble, right, pure, lovely, admirable, excellent* or *praiseworthy*. What are two things you have heard this week about sex on TV, in a movie, in a book or on the Internet?

Do these things support marriage or something else?

Do you think they are true? Why or why not?

Today, ask God to make you more aware of how the media is lying to you about sex. Ask God to help you see the truth—that He created sex to be a good thing between a man and a woman who are married to each other.

2—DON'T WEAR THAT!

Leaping gazelles and does! Read Song of Songs 3:5 quick!

Jodi liked to wear short tops and short shorts. It was hot out and they were in style, but most of all they got her a lot of attention from the guys. And who doesn't want that? Besides, it wasn't as if she was going out with a bunch of different guys. Jodi just liked to look *good*.

One day, her friend Ben pulled her aside. "Look Jodi," he said, "I think you should try wearing clothes that are not so tight and that show less of your body. When guys look at you, they think about . . . stuff. Some of them call you a tease—and some have said worse. I don't want you to get hurt. Besides, when you wear those clothes, people only notice the clothes and not what you really look like or who you really are."

At first Jodi was totally offended! But when she thought more about what Ben had said, it made sense.

After reading Song of Songs 3:5, what else could you have added to what Ben said?

If you are a girl, check how you tend to choose your clothes on most days before school:

- ☐ You wear what you do because your boyfriend says that you look hot in it.
- ☐ You wear what you do so you can blend in and look just like everyone else.
- ☐ You wear what you do because most days you have five minutes to catch the school bus—you just put on whatever you can find.
- ☐ You wear what you do because it smells clean.

If you are a guy and you see a girl dress like Jodi, what does it tend to make you think about her as a person?

Today, ask God to help you dress and act in a way that doesn't cause another person to stumble!

3—ONE PLUS ONE EQUALS ONE

For an interesting math problem, read Genesis 2:24.

Time for a short quiz. Mark each statement as either true or false:

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- ☐ ☐ Sex is a good thing, created by God, to be experienced between a man and woman when they are married to each other.
- ☐ ☐ I should expect to feel ashamed and dirty when sex becomes a part of my married life.
- ☐ ☐ Having sex with lots of different people will make my marriage stronger some day.
- ☐ ☐ People are just the same as animals. We are not made for sex with just one person for the rest of our lives.
- ☐ ☐ Sex is worth waiting for.
- ☐ ☐ I am worth waiting for.

Read Genesis 2:24. What is God saying about marriage in this verse?

Do you think the one-ness God wants us to experience in marriage is improved by having sex with people we are not married to? Why or why not?

Today, thank God for the gift of marriage, and commit again to not having sex with anyone but your future spouse.

4—REAL FREEDOM

What are husbands and wives' responsibilities in marriage? Read what Paul says about this in 1 Corinthians 7:3-4.

Randy's history teacher was talking about a time in the 1960s called the "Sexual Revolution." The teacher was telling the class that the revolution had been sparked by a decline in "traditional" values and a rise in more permissive or "freer" societies. Many students in the class had strong opinions on "sexual freedom" whether or not it was right to have sex outside of marriage.

As the discussion went on, Tim realized he actually had something to say. He slowly raised his hand. "Is having sex with a whole bunch of different people—half of whom you can't even remember—really freedom?" he asked. "I mean, it seems like if you weren't married to the person, it would be hard to totally be yourself and give your whole self to him or her."

Would you have had the courage to speak about what you believed in class as Tim did? Why or why not?

In 1 Corinthians 7:3-4, Paul talks about a husband and wife belonging to each other. What do you think that means?

How might belonging in this way to a husband or a wife create *real* freedom in a person's life?

Spend some time talking to God about your future and the kind of relationship that will bring the most freedom and happiness to your life. Remember to listen to what God has to say. He knows what He is talking about!