



SESSION 8: REMAINING PURE IN DATING

1—DON'T GO THERE!

What happens when you resist temptation? Check out James 4:7.

Kelly and John know there are some places you just don't go—like Disneyland on a holiday, or the mall at Christmas, or a waterpark during a thunderstorm. What Kelly and John don't realize, however, is that they shouldn't go over to each other's houses when their parents are not home. Nor should they go to "talk" or "hang out" in the backseat of a car on a quiet and deserted street. Why? Because it's harder for them to resist temptation in those places.

Have you ever been in a situation where you were tempted to go further sexually with someone than you knew you should? If so, what happened?

What is an escape route you now have to keep you away from that kind of situation in the future?

Be aware when you are headed toward situations that may lead to big problems! Ask God to give you wisdom and clear thinking so you don't go there!

2—HE'S OUT TO GET YOU!

Do you know what your enemy is like? Read 1 Peter 5:8 to find out.

Which of the following has happened to you?

- ☐ A person was mad and you somehow got in his or her way.
- ☐ Someone baits you and tries to get you to fight him or her.

- ☐ Someone wants you to mess up and cheers for the person opposite you in everything you do.
- ☐ Someone tries his or her hardest to get you in trouble.

Sometimes, it just seems like the world is out to get you. Actually, this is true, because you have an enemy who is always looking for ways to get you to do wrong. Who does 1 Peter 5:8 say this is?

What is this enemy like, and what does he do?

What do you think it means to be “alert” and of “sober mind”?

Today, ask God to help you be alert so you know when the devil is luring you into tempting situations. Thank Him for His constant help!

3—TOO CONFIDENT?

Read Paul’s words in 1 Corinthians 10:12 to find out what is the problem is with being *too* confident.

Which of the following situations would make you feel a bit over-confident?

- ☐ You’ve received 100s on every spelling test this year, and the teacher tells you the next one will be the simplest yet.
- ☐ You are playing a team that you annihilated last year.

- ☐ Your seven-year-old brother wants to play you at chess.
- ☐ You have a strong relationship with God, and you want to go to a party where you know there will be a lot of temptations.

What could happen in these situations if you are too confident?

Spend a moment asking God to help you be confident in *Him* and not in *yourself*. Ask Him to help you rely on His strength and use those “escape routes” when you need to do so!

4—START OVER

What can God do if you mess up? Find out by reading Psalm 51:10.

Joanna was popular, got good grades and even had an older boyfriend, Josh, who was steady and faithful. Everything was going well in her life. Sure, Joanna and her boyfriend had sex a couple of times—but that was okay, because she figured everyone was doing it. Besides, they loved each other . . . right?

But tonight, Joanna was hearing stuff at her youth group that was making her think twice. Her leader told her that God considered sex outside of marriage to be “immoral”—a sin. She began to wonder about her life. Did she really love Josh, and did he love her? Were they ready to have children if ever she became pregnant? Was there something better than this that was worth waiting for?

Fortunately, the good news for Joanna is that even though she had not resisted the temptation to have sex with Josh, she had the opportunity to start over!

What does the psalmist ask God to do in Psalm 51:10?

Read Acts 3:19. What does this verse say will happen when you “repent,” or confess your sins to God and make a choice to change?

If you haven’t been able to stay pure, know that it isn’t too late for you. God can forgive you of your sins and make you pure again! All you need to do is ask Him for forgiveness and for His strength to help you remain pure.